## A Look Back on Lent: The Rev. Laura Di Panfilo's Lenten Meditation and Motion Series

This past Lent, the Rev. Laura Di Panfilo led a "Lenten Meditation and Motion Series" at St. Paul's Church in Mount Lebanon, combining her gifts as a certified Kripalu yoga instructor and as a priest. Rev. Di Panfilo observes: "It's a Lenten practice and discipline that offers another opportunity to connect with God and with one another." In sum, about 60 people participated in the series which provided a space to slow down, reflect and be in fellowship.





Each week, the class focused on a different Lenten theme through meditation, prayer and movement. One week the theme was stillness and the class read the story about Jesus calming the storm, had a time of reflection on that scripture and then spent some time focusing on breath and movement, ending the class with stillness. Rev. Di Panfilo remarks, "What people have told me is that they're grateful for the time and opportunity to slow down. Even though Lent is a time where we're called to be reflective, it's hard to set that time aside in our lives. It's the first thing to go when busy. I really cherish

being able to hold that space and offer people the opportunity to do it together."

Read more about this series here



### With One Voice: Interfaith Coalition to End Gun Violence

Last year, 500 Pennsylvanians descended on Harrisburg demanding an end to gun violence. Soon after, the first bipartisan policies in years passed the PA House. Join many Episcopalians from across the state on Tuesday, May 7th as we continue our life-saving work.



### Everyone should be able to live a life free from gun violence. Join us in Harrisburg for a day of advocacy.

WHAT: END GUN VIOLENCE - PA ADVOCACY DAY

WHEN: Tuesday, May 7th, 2024 | 9:00 AM - 3:30 PM

WHERE: The Pennsylvania State Capitol in Harrisburg, PA

To RSVP, visit CeaseFirePA.org or

https://act.ceasefirepa.org/a/advocacyday24?ms=DioceseofPgh

### Pennsylvanians will have their voices heard.

OUR MISSION CeaseFirePA organizes with communities closest to the issue, TAKE A STAND holds those in power accountable, and maximizes the strengths of every member of its broad coalition - understanding that the To learn more visit www.ceasefirepa.org strongest work is work done by many.



#### **Lessons & CCaRols in the North Hills**

Sunday, April 14, 2024 6:30 p.m. **Christ Episcopal Church** 

5910 Babcock Blvd, Pittsburgh, PA 15237

Up to the late 19th century, the singing of Christmas carols was normally performed by singers visiting people's houses, and carols — generally considered to be secular in content — had been excluded from Christian worship. In the Victorian era, the rising popularity of hymnody encouraged church musicians to introduce carols into worship.



With this history of secular music being adapted to worship services, Christ Church presents a service of Lessons and Carols, but with a twist. While the readings come from Scripture, all of the music presented is from popular artists - in this case, we will be singing the music of Creedence Clearwater Revival. Each song and reading are chosen because they have some connection between the two, some truth from Scripture presented or interpreted in the words of modern music. You are invited to join in this non-traditional worship of God and express joy at being part of creation onSunday, April 14 at 6:30 p.m.



### **Heinz Chapel Choir Offers Free Concert in Wilkinsburg**

Sunday, April 14, 2024 7:30 p.m. 8:30 p.m. St. Stephen's Episcopal Church 600 Pitt St, Pittsburgh, PA 15221

The <u>Heinz Chapel Choir</u> is excited to sing their 85th anniversary program, Sing & Make Music, for the first time. This will take place in the Eastern suburbs in a wonderful community in Wilkinsburg. The concert is free and open to the public - no tickets are required.



Please read about the good work Fr. Chuck Esposito and the congregation of St. Stephen's are doing in the Wilkinsburg community and consider bringing a donation to their "Blessing Box" (little free food pantry) when you come to the performance.





The Installation Service of

### The Reverend Marjorie S. Bevans

as the sixth Rector of

St. Michael's of the Valley Episcopal Church

2533 State Route 381, Rector, PA 15677

on Saturday, Apríl 20<sup>th</sup> at 11 a.m. The service will be performed by the Right Reverend Ketlen Solak, Bishop, Episcopal Diocese of Pittsburgh.

Please join us for the service and the reception immediately following the service in the Parish Hall.



You are invited to spend time with the Bishop and members of the laity from around the diocese on Thursday, April 18, at 9:30 a.m. and/or Thursday, May 30, at 12 p.m.



*Nurturing our Faith* is an opportunity for fellowship, prayer, and spiritual reflection through story sharing. This gathering for laity is part of a series of Zoom gatherings with Bishop Ketlen. All gatherings have the same format and any lay person can come to any one of them.

Please register for the April 18 online gathering at: https://us02web.zoom.us/meeting/register/tZltfu2qrTksHtTTS4L9CpMLDGYjuJPBU0Sa

Please register for the May 30 online gathering at: https://us02web.zoom.us/meeting/register/tZ0lce2grjljGtbNSbuvtLhbzkaY9TEuEIS-



www.pghpcc.org

### 24th Annual Pittsburgh Pastoral Care Conference

Friday, April 19 2024 — 8am-4pm Christ United Methodist Church 44 Highland Road, Bethel Park, PA 15102

For clergy, pastors, laity, counselors, social workers, nurses, teachers, volunteers and others in the flock helping those needing healing and recovery.

### Keynote Speaker:

The Rev. Kimberly Wagner,
Assistant Professor of
Preaching, Practical
Theology, Princeton
Theological Seminary



#### Additional Speakers:

The Rev. Canon Dr. Jay Geisler Saleem Ghubril Bob Jamison The Rev. Dr. Graham Standish, Ph.D.



Register by scanning the QR code or by visiting www.pghpcc.org.





Join us and hear, in survivors' own words, how our system is

# Deadly by Design

It's time to face the truth: gun violence isn't random or inevitable. It's not driven by mental health, video games, or too few armed guards. It's driven by easy access to guns.

CeaseFirePA has launched a video storytelling initiative where gun violence survivors not only share the loss they've experienced, but also tie the shooting back directly to a policy failure that allowed it to happen.

We're highlighting how our society's systems are set up to be fatal. But we can change that by shifting the narrative and helping people to understand how gun violence isn't random or inevitable – it's systematic. And we can reform our system.

### Video screening, discussion, and call to action!

### Thursday, April 25 at 7 pm

St. Brendan's Episcopal Church 2365 McAleer Rd. Franklin Park, PA 15143





### **ALL ARE WELCOME**

**More Information:** 

Please contact Marilyn Mulvihil mimil5143@yahoo.com or 412-427-2715



God Willing and the People Consenting The Right Reverend Ketlen A. Solak will ordain

### James Attilio Miorelli

in Christ's one holy catholic and apostolic Church

Saturday, May 4, 2024 at ten o'clock in the morning

at

St. Paul's Episcopal Church
1066 Washington Road
Mt. Lebanon, Pennsylvania 15228

Your prayers and presence are requested

Clergy: Red Stoles Reception to follow



### **Celebrate World Labyrinth Day**

Calm your mind and comfort your spirit at **Christ Church, North Hills on May 4** for World
Labyrinth Day!

Join thousands of people worldwide in a moving meditation for world peace. Participants "walk as one at one" across the globe in their own time zone to create a rolling wave of prayer and meditation from one time zone to the next.

Labyrinth walking is an ancient meditative practice that gives us time to calm our mind and alleviate stress.



Animal Friends Therapets will also be available to provide further comfort for those who need it.

Please be prepared for a quiet experience and remember to bring socks.

Christ Episcopal Church, 5910 Babcock Blvd, Pittsburgh, PA 15237



### Refugees belong here:

# How Pittsburghers are welcoming our newest neighbors



### Sunday April 28, 7 pm

an online panel organized by the Episcopal Diocese of Pittsburgh's Social Justice & Outreach Committee, with speakers from



Episcopal Migration Ministries Hello Neighbor Jewish Family & Community Services Dor Hadash Refugee Welcome Group



All are welcome
Register at: https://tinyurl.com/27spal76
After registering, you will receive Zoom link.







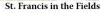


### **Search for Priest to Serve in Johnstown and Somerset**

St. Mark's, Johnstown, and St. Francis in the Fields, Somerset, have launched a search for a full-time Priest-in-Charge to serve both parishes. Details, including the full job posting, parish profiles, and a message from the senior wardens, may be found on the Search page of each parish's website:

- St. Francis in the Fields, Somerset
- St. Mark's, Johnstown







St. Mark

Application materials and questions about the position may be directed to Canon Kim Karashin at <a href="kkarashin@episcopalpgh.org">kkarashin@episcopalpgh.org</a>. If you know of any qualified clergy who may be interested in discerning a call to this first-of-its-kind partnership in our diocese, please share with them this opportunity.



# Union of Black Episcopalians (UBE) Annual Business Meeting & Conference

June 18-June 21, 2024 Louisville, Kentucky

Registration is now open for the conference, see details on the UBE website with a tentative schedule of events, including a Juneteenth celebration, Recognition Luncheon and Gala Dinner.

For Hotel registrations, please contact The Galt Hotel, 800-843-4258, reference group code 061824UBE, rate \$189.00 per night



Please go to the <u>national UBE website</u> for more information



#### **Around the Diocese**



#### **Bishop Ketlen's Visitation Schedule:**

April 21: St. Peter's, Blairsville

April 28: St. Brendan's, Franklin Park

May 5: Redeemer, Squirrel Hill May 12: Christ Church, Indiana

Parish leadership is reminded to complete and submit <u>this form</u> at least two weeks in advance of their visitation.

To schedule time with Bishop Ketlen, contact Andrea Rath at 412-721-0853, ext. 251, or <a href="mailto:arath@episcopalpgh.org">arath@episcopalpgh.org</a>.

The **Cycle of Prayer** for December 2023 – August 2024 is <u>available here</u>. Bishop Ketlen's **Visitation Schedule** for December 2023 – June 2024 is <u>available here</u>.

### **Important Reminders**

It's Parish Annual Meeting time! Leadership is reminded to complete our **Annual Meeting Report Form** (available in <u>PDF</u> or <u>Word</u>) as soon a possible following your meeting.

#### Save the Date

A **Diocesan Celebration of Ministry** with ministry fair will be held on **Saturday, May 18**, at Trinity Cathedral. More information about this joyous event will be available soon.



### **Parting Shots**

### **Annual Blessing of the City**







It was a damp overcast day but that did not dampen spirits as Bishop Ketlen joined leaders from many Christian denominations across the region at the annual "Blessing of the City" sponsored by Bishop Zubik and the Catholic Diocese of Pittsburgh.



Has your parish been featured in the news? Please let us know via email at <a href="mailto:info@episcopalpgh.org">info@episcopalpgh.org</a>