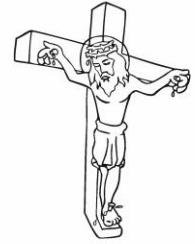


*Daughters of the King
Pittsburgh Assembly
2016 Lenten Quiet Day
"The Way of the Cross"
Led by The Rev. Don Youse, Jr. -
Assembly Chaplain*



Saturday, February 20, 2016

9:30 AM Gather and Coffee in the Lounge

10:00 AM The Way of the Cross –

Readings and Meditations, with visuals, music, and a Lenten Journal
(provided)

12:30 PM Lunch (Box lunch from Panera Bread. Cost is \$12.00)

Emmanuel Church
957 West North Avenue
Pittsburgh, PA 15233

Please share this flyer with your church members and friends – all women
are welcome to attend!

If you have any questions or concerns, please call Jessie Hipolit at
(412) 606-5631

PLEASE MAIL IN RSVP FORM BY TUESDAY, FEBRUARY 16th.

2016 Daughters of the King Lenten Quiet Day Registration Form

Name: _____

Address: _____

City, ST, Zip: _____

Phone: _____ Cell phone: _____

E-mail address: _____

LUNCH CHOICES: \$12.00 Lunch choices are either a sandwich and cookie or salad and a cookie. Sorry, no refunds on unused lunches. **Please select one:**

CAFE SANDWICH AND A FRESH BAKED COOKIE:

___ **Sierra Turkey:** Smoked turkey breast, field greens, red onions and chipotle mayo on Asiago Cheese Focaccia.

___ **Mediterranean Veggie:** Zesty sweet Peppadew™ piquant peppers, feta, cucumbers, lettuce, vine-ripened tomatoes, red onions and cilantro-jalapeño hummus on Tomato Basil.

___ **Turkey Breast:** Smoked turkey breast, lettuce, vine-ripened tomatoes and red onions with salt and pepper on Country Bread.

___ **Tuna Salad:** Special recipe tuna salad, lettuce, vine-ripened tomatoes and red onions with salt and pepper on Whole Grain.

___ **Ham & Swiss:** Smoked, lean ham, Swiss, lettuce, vine-ripened tomatoes and red onions with salt and pepper on Rye

OR SALAD AND A FRESH BAKED COOKIE:

___ **Classic:** Field greens, romaine, vine-ripened tomatoes, cucumbers and red onions. Reduced-fat balsamic vinaigrette on the side.

___ **Caesar:** New Recipe Romaine, asiago-parmesan and homemade black pepper focaccia croutons. Caesar dressing on the side.

___ **Greek:** Romaine, vine-ripened tomatoes, feta, peperoncini, red onions, kalamata olives and pepper. Greek dressing on the side.

Make checks payable to Emmanuel Church, mark "DOK Quiet Day" on the memo line and mail form and payment to:

Emmanuel Church
957 West North Avenue
Pittsburgh, PA 15233
ATTN: Carol Veal